# Join the Y and Join the Cause!

\*The regular Joining Fee is \$50.00. This fee is waived during the month of October. As a State of Iowa employee, your joining fee is reduced to \$25 during the rest of the year.

#### YMCA of Greater Des Moines Membership Rates:

As a community-based non-profit organization, the Y is committed to being affordable to all. To ensure this, we offer membership fees based on household income. Contact your local YMCA for additional rate information.

#### **Ankeny Family YMCA**

1102 N. Ankeny Blvd Ankeny, Iowa 50021 Phone: 965-8800

#### John R. Grubb YMCA

1611 11th Street
Des Moines, Iowa 50314
Phone: 246-0791

# Wellmark YMCA

501 Grand Ave. Des Moines, Iowa 50309

# Phone: 282-YMCA **Boone County Family YMCA**

608 Carroll Street Boone, Iowa 50036 Phone: 432-5925

#### **YMCA Healthy Living Center**

12493 University Avenue Clive, Iowa 50325 Phone: 226-YMCA \*additional fees apply

# South Suburban YMCA

401 E. Army Post Rd Des Moines, Iowa 50315

# Phone: 285-0444

#### **Walnut Creek Family YMCA**

948 73rd Street

Des Moines, Iowa 50324

Phone: 224-1888

# **Waukee Family YMCA**

210 N. Warrior Lane Waukee, Iowa 50263 Phone: 987-9996

#### **Northwest YMCA**

410 SE Main

Grimes, Iowa 50111 Phone: 986-4464

# Indianola YMCA

306 E Scenic Valley Ave Indianola, Iowa 50125 Phone:777-7746

#### Benefits of being part of the Y (included with membership):

- Free personal wellness consultation included with YMCA membership
- Free Child Watch
- Towel service
- Full usage of facility and programs at Ankeny, Boone County, Grubb, South Suburban, Walnut Creek, Waukee, Wellmark and Indianola
- Fitness classes including step aerobics, group cycling, Body Pump, yoga and Pilates mat classes and ZUMBA
- Water aerobic classes
- Reduced rates on YMCA programs including youth sports, swim lessons, day camp and before & after school care
- A.W.A.Y program for use of out-of-town YMCAs
- Beginner yoga and Tai Chi classes
- A chance to give back to your community and make a difference

Facility hours and class schedules can be found at <a href="https://www.dmymca.org">www.dmymca.org</a>